

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>AM</b>	Baking	Walking Club	Outing to Garden Centre	Newspaper Review	Seated Exercises	Coffee Morning	Sunday Service
	Catch Up						
<b>PM</b>	Hairdresser	Letter Writing	Afternoon Tea	Gardening Club	Afternoon Tea	Hand Massages	Listening to Music
	Arts & Crafts	Days Gone By	Movie	Relax	Book Club	Crosswords and Coco	Knit and Natter