



Sample Menu

Monday

Breakfast

Served 08:00 - 10:30

Full English Cooked Breakfast
Porridge (VG)
Selection of Cereals

Lunch

Served 12:30 - 13:30

Gammon & Pineapple (DF)
OR Cheese & Onion Frittata (V)
Bread & Butter Pudding OR Jelly & Ice Cream

Dinner

Served 17:30 - 18:30

Mushroom Soup (V)
Tuna Garnish OR Bubble & Squeak
Lemon Posset

Tuesday

Breakfast

Served 08:00 - 10:30

Full English Cooked Breakfast
Porridge (VG)
Selection of Cereals

Lunch

Served 12:30 - 13:30

Lamb & Vegetable Hot Pot
Or Egg, Chips & Beans (DF)
Banana Split OR Chocolate Cupcake

Dinner

Served 17:30 - 18:30

Tomato Soup (V)
Sausage Roll & Spaghetti Hoops
OR Tuna Pasta Bake
Mandarin Jelly

Wednesday

Breakfast

Served 08:00 - 10:30

Full English Cooked Breakfast
Porridge (VG)
Selection of Cereals

Lunch

Served 12:30 - 13:30

Roast Chicken (GF)
Savoury Rice (GF/DF)
Lemon Sponge & Custard OR
Chocolate Ice Cream

Dinner

Served 17:30 - 18:30

Vegetable Soup (VG)
Potato Cakes & Sauce OR Welsh Rarebit (V)
Peaches & Cream (V/GF)

Thursday

Breakfast

Served 08:00 - 10:30

Full English Cooked Breakfast
Porridge (VG)
Selection of Cereals

Lunch

Served 12:30 - 13:30

Lasagne & Chips OR Vegetable Bake (V)
Apple Crumble & Almond Sauce OR Jam
Doughnuts

Dinner

Served 17:30 - 18:30

Chicken Soup
Bacon & Mushroom Rolls
OR Bacon Potato Cakes
Arctic Roll

Menu Key

V - Vegetarian | GF - Gluten Free | VG - Vegan | DF Dairy Free



Sample Menu

Friday

Breakfast

Served 08:00 - 10:30

Full English Cooked Breakfast
Porridge (VG)
Selection of Cereals

Lunch

Served 12:30 - 13:30

Poached Cod with Cheese Sauce (GF)
OR Scampi & Chips
Broccoli Quiche (V)
Poached Pears (DF) OR Lemon Gateaux

Dinner

Served 17:30 - 18:30

Minestrone Soup (VG)
Scotch Egg Garnish OR Shepherd's Pie
Fruit Flan & Cream (GF/V)

Saturday

Breakfast

Served 08:00 - 10:30

Full English Cooked Breakfast
Porridge (VG)
Selection of Cereals

Lunch

Served 12:30 - 13:30

Roast Pork with Apple Sage Gravy
OR Vegetable Curry & Rice (V)
Cherry Pie & Custard OR Fruit Meringues

Dinner

Served 17:30 - 18:30

Tomato Soup (V)
Chicken Mayonnaise Sandwich
OR Chicken Pot Pie
Raspberry Cheesecake

Sunday

Breakfast

Served 08:00 - 10:30

Full English Cooked Breakfast
Porridge (VG)
Selection of Cereals

Lunch

Served 12:30 - 13:30

Roast Beef & Yorkshire Pudding
OR Vegetable Casserole (V)
Fruit Sponge & Custard OR Chocolate Mousse

Dinner

Served 17:30 - 18:30

Golden Vegetable Soup (V)
Prawn Marie Rose Rolls
OR Leek & Potato Pie (V)
Sherry Trifle

Mealtimes may vary slightly at your chosen home.